

Sadhu Vaswani Mission's Medical Complex

10-10/1, Koregaon Park, Pune 411001

NSS SPECIAL CAMP REPORT 2023-2024

Duration: - 03/03/2024 to 10/03/2024

Place: - Wankhalwadi, Kandroli.

No. of student: - 25

No. of faculty: - 02 (Ms. Namrata Khandagle Asst Program Officer and Ms. Smita Padale)

Introduction:

The NSS unit of Sadhu Vaswani College of Nursing planned 17th NSS special camp from 03/03/2024 to 9/03/2024 at Wankhalwadi Kandroli. Information regarding special camp was sent to university a week before of the camp. The program officers visited the camp site in advance and arranged all of the arrangements for the week's events. The NSS Asst. Programme Officers visited the Gram panchayat sadasay's office, Sadhu Vaswani Ashram Mission Medical complex, Principal of Zillah Parishad School & villagers & decided about the camp. The residential camp was organized. All the necessary precautions were taken to manage any emergency situation.

Daily Activities:-

Day 1 Sunday: -03/03/2024

Around 12 p.m., all 25 students and two SVCON faculty members, Ms. Namrata Khandagle and Ms. Smita Padale, departed Pune and arrived in Wankhalwadi at 4:00 p.m. After reaching in village arrangement of all articles was done by the students. The NSS camp activities were briefed. Students displayed good cooperation.

Day 2: Monday-04/03/2024:-

Inaugration programme

The day began with exercise at 6:00 am in morning. After the daily essential activities and breakfast, students gathered for sanctuary at 8:30 am. After that student went for preparation of NSS inauguration programme. *Inaugration programme* started at 10:30am at Datha Mandir next

to Zila praishad school, Honourable guests were- Mr. Shrikant Pokale, Teacher of Zila prarishad Schoolteacher and Mr. Pandurang Wage, Ms. Namrata Khandagle and Ms. Smita Padale. Mr. Ravi Pawar also appreciated the efforts taken by the students gave lecture on village development activites in tribal areas

The programme started with prayer song sung by the Nss volunteers. After lighting the lamp, the guests of the programme were greeted & welcomed with tusli sapling and felicitated with coconut by NSS volunteers as a token of respect. There was a welcome speech performed by NSS volunteers. The chief guests inaugurated the THEME was reviled by cutting the ribbon "Sarve Santu Niramaya". NSS song was sung by NSS volunteers. This was followed by a short speech by chief guest and Ms. Shivani Khade and Sakshi Sharma presented the whole week schedule of NSS camp. A short theme role play was also performed by NSS volunteers on "Sarve Santu Niramaya". The Zila Parishad teacher conveyed their best wishes for NSS camp. The programme ended by a warm vote of thanks. Snacks were served to all villagers and guests.

After the inauguration, the NSS volunteers, programme officers and chief guests of the village along with the school children went for tree plantation programme. 05 trees(2 Guava plants, 2 Jamun plants and 1 Jackfruit plant) were planted near the ZP school and in its surrounding. Each tree was allotted for school children to take care and nurture them. Students also did propaganda about the NSS camp activities among the villagers.

Theme for the Camp: -

- a. Environmental sanitation
- b. Personal hygiene
- c. Good touch and Bad touch
- d. Basic life support & first aid management
- e. Nutritious diet
- f. Vector borne diseases
- g. Mental hygiene

Day 3: 05/03/2024- Tuesday

Rally on healthy heart and mind

The day began with exercise at 6:30 am in morning. After the daily essential activities and breakfast, students gathered for sanctuary at 8:30 am. from 9:30am to 12pm NSS volunteers

conducted rally on healthy heart in the Wankhalwadi village. Volunteers prepared pluck cards for educating people. School children also joined the volunteers for the rally. Students performed role play on basic life support and first aid health talk on heat stroke and its prevention, Skit on prevention of dog bite and importance of rabies vaccination and Fracture and it's primary treatment and demonstrate bandaging. All the villagers appreciated and took home the message on healthy heart and first aid management. The villagers appreciated the efforts taken by the students. End of the program the students where served snacks

Thanked the villagers and the program ended successful

Day 4th: 06/03/2024- Wednesday

School Health programme:

Time: 3pm to 6pm

Venue: ZP Primary School, Wankhalwadi, Kandroli.

The day began with exercise at 6:30 am in morning. After the daily essential activities and breakfast, students gathered for sanctuary at 8:30 am. Took the students for a short outing at a nearby temple as most of the villages had gone for wedding

So the School health program was conducted from 4 pm to 6 pm on 21 primary school children. 20 students were underweight, 13 had dental carrier, 3 students complained chest pain. 13 students had lymph nodes enlargement most of them on the neck and few in axial. Report given to the school teacher to take further action.

Followed by the assessment, nutritional awareness and personal hygiene exhibition for school children was arranged. NSS volunteers explained about the balanced diet, what to eat and what not to. Explained the important of personal hygiene. Distributed bananas to the students. They were very much excited to learn and responded very well.

Day 5th: 07/03/2024- Thursday

Rally on vector borne disease

The students started the day with physical exercise at 6:00 am which enabled them to strengthen their physical being. After warming up, the physical exercise for an hour from 6:00 am -7:00 am. Student spent their time in personal activities and then had their breakfast at 8:00 am which

was followed by the sanctuary at 8:30 am. The sanctuary consists of college song, spiritual song, etc.

NSS volunteers conducted rally on vector borne disease in the Wankhalwadi village. Volunteers prepared pluck cards for educating people. School children also joined the volunteers for the rally. Students performed role play on prevention of vector borne disease, but had less number of villagers as they had gone for work in the morning.

So the same rally was conducted in the evening with role play on prevention of vector borne disease and on basic life support, about 40 villagers witness the role play. Gram Panchayat Sadasya Mr. Ravi Pawar also appreciated the efforts taken by the students. End of the program the students and guest where served snacks. Thanked the villagers and the program ended successful.

Day 6: 08/03/2024- Friday

Culture program

The day began with exercise at 6:30 am in morning. After the daily essential activities and breakfast, students gathered for sanctuary at 8 am. Culture program was organized in evening. Welcomed the guest and the villagers, with pray song. Mr Shrikant Pokale Zila Parishad teacher, Mr Shankar Pawar, Mr. Panduran Waghe to lighted the lamp and started the culture event. Mrs.sunanda mali Enlighited in wonmen empowerment for tribal womens As it was International womens day , the culture program was based on women's day NSS volunteers, primary and secondary school children performed wonderful dance, dedicated song for women's and Ms, Chetana D resisted poem which was written by 1st sem student Ms. Sakshi Batane on the occasion of women's day , it was appreciated by all. At the end short games like musical chair, and other exciting games was arranged for ladies and men, prizes distributed to the winner. The program ended successful

Day Seven: 09/03/2024- Saturday

Valedictory function

As it was the last day of the NSS camp students arranged closing ceremony at 10:00 am to 12 pm. The invited guests were Mr Shrikant Pokale and Mr Chavan sir Zila Parishad school teachers, Mr. Shankar Pawar, Mr. Pandurang Waghe, & other Grampanchayat members. The invitees were felicitated with shawl, tusli sapling and coconut. The ceremony started with prayer

song. After that NSS song was sung by NSS volunteers. Ms. Chetana D and Ms. Saloni read the whole week report. Followed by a skit was performed for school children's on good touch and bad touch by the NSS volunteers. Ms. Sanika S, NSS volunteers proposed the vote of thanks. At the end of the programme, Mr., Chavan Sir Zila Parishad school teachers, spoke on behalf of villagers & appreciated the work & attitude of NSS volunteers & thanked them for their promotive work in health sector for village. Programme ended by 12:00 p.m.

CONCLUSION

This was 17th NSS Special camp organized by NSS unit of Sadhu Vaswani College of Nursing, Activities in the camp carried out according to plan. There was good cooperation from Principal of the college & college management for camp.

In Wankhalwadi village, very good arrangement was made by villagers for water, toilets & bathing facilities, & electricity & other safety measures for NSS volunteer.

NSS volunteer maintained their work diary thorough out camp. Sickness reported from NSS volunteers were less, just had minor cold and cough that was managed by medicine from first aid box, & with necessary care.

For preparation of food, different group of NSS Volunteers were assigned every day where they made breakfast, lunch, evening tea & snacks & dinner in given time. This was very new & difficult for them. Other daily activities like filling & storage of water, maintaining sanitation & cleanliness in residential area was also difficult task for them but they confidently managed all work with guidance from programme officers. They also learn to plan out work & use things resourcefully. Student learned to do self-help & work in group with group spirit. They also developed positive attitude towards voluntary service to nation. Principal of the college appreciated efforts of NSS volunteers & programme officers. She also congratulated volunteers for their successful completion of 7 days special NSS camp

Sign of ASST. NSS Programme officer

Sign of Principal

College Seal